

Summer Luncheons
in a jiffy
Let Libby's splendid chefs relieve you of hot-weather cooking. Stock the pantry shelf with

Libby's Sliced Dried Beef
and the other good summer meats—including Libby's Vienna Sausage—you'll find them fresh and appetizing.

Libby, McNeill & Libby, Chicago



Kill All Flies! They Spread Disease
Placed anywhere, Daisy Fly Killer attracts and kills all flies. Clean, clean, ornamental, convenient, and cheap. Lasts all season. Made of metal, can't spill or tip over. Will kill house flies, stable flies, and other annoying pests. Guaranteed effective. Ask for Daisy Fly Killer.

Daisy Fly Killer
Sold by dealers, or sent by express, prepaid, \$1.00.

HAROLD SOMERS, 150 DeKalb Ave., Brooklyn, N. Y.

A good talker is pleased when he encounters a good listener.

For fresh cuts apply Hanford's Balsam. Adv.

Appropriate Illumination.
"What kind of lights did the football team have at their dinner—shaded candles?"
"No; they had rushlights."

Hanford's Balsam of Myrrh is itself an antiseptic and the use of any other remedy before applying it is unnecessary. Adv.

Art Objects Sold.
A rare Flemish tapestry entitled "The Haymakers," dating from late in the seventeenth century, brought \$1,400 at an art sale at the Anderson galleries, New York. It went to M. Kernochan. Other important sales were a large wine jar of the Sung dynasty in China, about 900 A. D., sold for \$175; a Chinese painting from the Ming dynasty, sold to M. Kernochan for \$100; a landscape painting from the Ming dynasty, to the same buyer for \$150, and another landscape scene from the Ming dynasty to W. Hotchkiss for \$130.

Diggers of Anthracite.
In an article in World's Work on the situation in the anthracite coal regions Guy W. McConnell explains that during recent years the old type of coal miner from Great Britain and Germany has disappeared out of the mines and that, "driven into their places by the extreme and peculiar hardships of laboring down under the crust of the earth, have come hordes upon hordes of racial types more physically fit to fight off the rheumatism lurking in the 'dog hole' of a wet chamber and less susceptible to the prevalent miner's asthma and germs of tuberculosis. These are the peasantry of southeastern Europe, Russia and Poland. They are the rank and file of the anthracite field where 'general conditions have grown steadily worse,' said President White of the United Mine Workers of America the other day. 'Owing to the increase of 17 per cent in the cost of living during the last few years, many of our men are in debt to the landlord and installment houses, their children, in order to keep alive and stay in school, subsisting on oatmeal three times a day. Families are frequently forced to live three and four in one house.'"

A Sensible Thing To Do

When the drug, caffeine—the active principle in coffee—shows in headache, nervousness, insomnia, biliousness, jumpy heart, and so on, the sensible thing to do is to quit the coffee.

It's easy, having at hand the delicious pure food-drink

Instant Postum

It is made from wheat roasted with a bit of wholesome molasses and is free from any harmful substance.

Thousands who prefer to protect their health, use Postum with comfort and delight.

Made in the cup—instantly—with hot water. Convenient, nourishing, satisfying.

"There's a Reason" for POSTUM

In Woman's Realm

"Morning Frock" an Innovation That Well Deserves the Success It Has Achieved—Many Materials That Are Available—Mid-summer Hats All Have Wide Brims — Three of the Pretty Models Are Illustrated Here.

When the time came to write the final chapter in the story of summer frocks, up sprang a genius who introduced a new and happy ending. And now no one wants to lay the tale aside, for the "morning frock" or "pastime suit" or "breakfast dress," as it is variously called, has added an un-

hemp shape with low crown and flat brim only moderately wide. It is covered with crepe georgette and trimmed with crepe roses all in pale tones of shell pink. The flimsiest of black mesh veils is draped over it, and this with a narrow band of black velvet draped at the base of the crown gives an at-



PASTIME SUIT OF HEAVY COTTON STUFF.

tracted interest to summer apppareling. It is a garb that suits and expresses the woman of today. It is sensible and attractive and inexpensive, and it radiates snappy style.

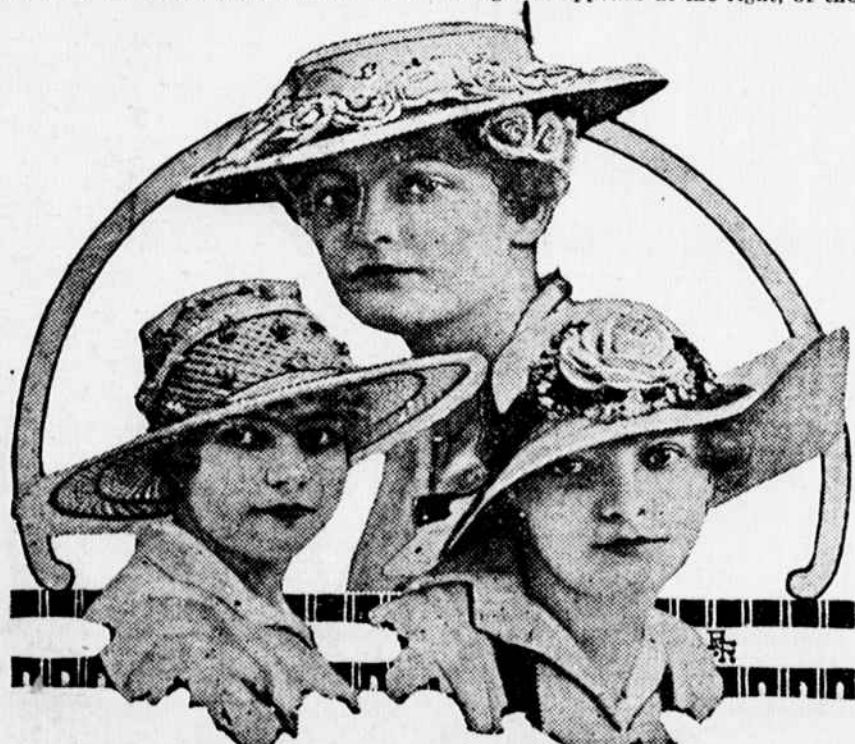
The heavier cotton weaves in white and colors are used in making this new order of summer clothing. Cotton poplin, gaberdine, basket weaves, crash, and twills or any cotton stuff with body and durability, that will stand wear and tubing will answer. White khaki is an excellent choice for either the skirts or coats.

In the illustration a suit is shown in which the plain white skirt is finished at the bottom with a cuff of the

tractive depth of color. A wreath of roses rests on the hair in a prim row set close to the underbrim.

At the left an odd development of the "cane-seat" hat lends daintiness to the substantial but cool-looking shape. The brim is edged with lace hair braid and outlined on the under side with lines of French blue. Picot-edged ribbon in the same shade of blue is drawn about the crown, and tiny chiffon roses with long stems appear to clamber over the crown, the stems threaded through the open spaces in the straw shape.

A familiar and always pretty hat of leghorn appears at the right, of the



WIDE BRIMS THE MIDSUMMER VOGUE

blue stuff. For no particular reason, the cuff fails to extend all the way around the skirt, but has an unexpected break near the front. The short loose coat is smocked with white floss, to adjust it to the figure, at the belt line and shoulders in front and across the waistline at the back. Needlework in white floss finishes the edges of the cuffs and collar.

There is any number of gayly colored cottons to make a variety of coats from, like the vivid but pleasing colors that appear in the striped cottons for sports coats and skirts. The pastime suit is an inspiration of the sports suit, but it appears, so far, in a combination of white and one color in plain materials. All the simple, quickly made decorative stitches are appropriate in needlework decorations on these jaunty coats.

About the only debatable question in midsummer millinery lies in its width of brim, and there are three widths to choose from. They are wide, wider, widest. The hats shown in the illustration are far from extremes and they are very pleasing developments of three entirely different styles.

The pretty model at the center is a

sort that is never entirely out of style. It has a round crown, covered with crepe georgette, and a wide and floppy brim. Its designer has confined herself to approved methods in trimming it, with a big pink rose and a wreath of forget-me-nots posed at the front. Black velvet ribbon is tied across and around the crown, ending in loops and ends at the right side near the back. The model is so convincingly pretty for young faces that the milliner need never worry to look for better means of decoration.

John Bottomley

Shaded Ostrich Boas.

In order to stimulate the interest in feathery neck trimmings, the manufacturers are now putting out shaded ostrich boas, very long and fluffy. Beginning with a faint color at one end, it gradually deepens until at the other it is of deepest hue.

Cotton imports into China last year showed an increase of \$8,750,000 in value.

THE KITCHEN CABINET

The budget is to the housekeeper what the blue print is to the builder. The average housekeeper may reduce expenditure by keeping accounts each month of amounts spent for various food products.

HELPFUL HINTS.

In the first place every home keeper should keep accounts. Do you know any successful business man who keeps no account of his income and outgo? He is just as rare as the housekeeper who does record her daily expenditures. Since the cost of living is constantly advancing it is vitally necessary that deep concern be paid to reducing certain items of expenditure. Food for the family costs more than any other item, and those who work with the thrifless and improvident know that their condition is largely a matter of what they spend for the inside rather than the outside of the body.

Since meat makes up a large part of the ordinary family diet, any economy in the purchase of it will make a noticeable reduction in the food bill. By using meat substitutes, which are less expensive, but as nutritious, the amount may be cut down by half. The use of cheese, which is rich in protein, a pound of cheese being equal to two pounds of meat in food value with much less waste, will prove most satisfactory.

It is a great advantage to market in person; she sees the food products, is able to furnish variety and if she has strength of mind enough to refuse to buy that which she knows she cannot afford, no matter how alluring, she will find her marketing profitable. The butcher will not give short weight with the customer looking on, though the difference may be small it amounts to much in the course of a year.

The cheaper cuts of meat, nuts prepared in loaf, eggs in various forms, are all economical dishes when prepared intelligently.

The utilizing of left-overs in the planning of the meals is another important item. It goes without saying that the economical housewife makes out her menu days ahead in order to save expense and use those left-overs profitably.

Brown bread, white bread or whole wheat bread is made more wholesome by the addition of a few raisins.

Fruit and vegetables lend themselves to all sorts of combinations. As soups and salads they are satisfactory.

Something is wrong with everything. We live upon the planet of mistakes. Most of us are misfits. The rest are excuses. I know of no ideal condition except the condition of someone else. No human being ever had things just exactly to suit him. The sooner we awake to this truth and make up our minds that if ever we are to find contentment at all, it will be among things as they are and not among things as they ought to be, the better it will be for us—and also for the unfortunate people who have to live with us.—Frank Crane.

DAY WITH PANCAKES.

If pancakes are to be light, more mixing will not do. The batter must be thoroughly beaten for five or ten minutes. The frying pan should be very smooth and fairly hot so the cakes may cook quickly without getting soggy.

Plain Pancakes.—Sift one cupful of flour into a basin; add a quarter of a teaspoonful of salt, one unbeaten egg, and half a cupful of milk. Mix until smooth, then begin to beat with a wooden spoon for a few minutes; then add another half cupful of milk and continue beating until air bubbles rise to the top. Fry on a hot griddle and serve with lemon juice and sugar.

Cherry Shortcake.—Add to the cherry juice a little cornstarch, cook until smooth, add butter, then the pitted cherries and place on the cakes. Serve with the sauce instead of cream.

Rice Pancakes.—Boil a quarter of a pound of rice until quite soft, then drain. Mix with it one cupful of cream, four well beaten eggs, a quarter of a teaspoonful of salt, nutmeg to taste, a half cupful of melted butter and sufficient flour to form a smooth batter. Fry and serve.

Serving a thin slice of orange sprinkled with sugar on the nice brown cake, which is but little larger than the orange is a most attractive and delicious cake.

Scotch Pancakes.—Beat four eggs with four tablespoonfuls of sugar. Have six tablespoonfuls of flour and a pint of sweet milk, mix a little of the milk with the flour until smooth, add this to the beaten eggs, then add a little salt and mix all together. Put a tablespoonful of butter on a smooth griddle and pour a cupful of the well beaten batter on to the pan, cook until well browned, then spread with butter and orange marmalade, roll up, sprinkle with sugar, serve on a hot dish.

Chopped pineapple or other fruits may be served on these cakes, even grated chocolate added just as they are taken from the griddle, dusted with sugar, is a cake liked very much.

Nellie Maxwell

UGH! CALOMEL MAKES YOU DIRTY CLEAN LIVER AND BOWELS

Just Once! Try "Dodson's Liver Tone" When Battered, Headachy—Don't Lose a Day

Liven up your sluggish liver! Feel fine and cheerful; make your work a pleasure; be vigorous and full of ambition. But take no nasty, dangerous calomel, because it makes you sick and you may lose a day's work.

Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel crashes into your bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

Listen to me! If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50 cent bottle of Dodson's Liver Tone under my personal money-back guarantee.

back guaranteed will clean your liver than a dose of calomel it won't make

Dodson's Liver medicine. You're feeling fine, because your liver is clean, your stomach regular, your bowels regular.

Dodson's Liver is vegetable, the harmless, cannot salivate it to death. Millions of Dodson's Liver Tonic's generous calomel. You will tell me the same is almost stopp-

WINTERSMITH'S CHILL TONIC

A Bad Example.
"Miss Jane Addams, during a tea at Hull House, said:

"I disapprove of the new fashions because they encourage vanity."

"I know a little girl whose mother has gone in for all the new fashions—sheath skirt, slit skirt, short skirt and what not."

"That little girl's teacher said to her reproachfully one day:

"But, my dear, don't you want to grow up so that everybody will look up to you?"

"No, ma'am," said the youngster, decidedly, "I want to grow up so that everybody will look round at me."

WONDERFUL HOW RESINOL STOPS SKIN TORMENTS

The soothing, healing medication in resinol ointment and resinol soap soothes and cools the irritated skin, and usually stops itching at once. The resinol treatment speedily heals eczema, ringworm, and similar eruptions, and clears away disfiguring pimples even when other treatments have been almost useless.

Resinol is not an experiment. It is a doctor's prescription which proved so wonderfully successful for skin troubles that it has been used by other doctors all over the country for twenty years. Every druggist sells resinol ointment and resinol soap.—Adv.

Took the Gold Cure.

The Spinster—It is said that love is a disease. Do you believe it?

The Bachelor—Well, I have no reason to doubt it. A friend of mine once took the gold cure for it.

The Spinster—You don't say!

The Bachelor—Fact. He married a girl worth half a million in her own right.

Asthmatic Sufferers Read This:

Mrs. Fannie Mayberry, Columbia, Tenn., writes: "I have suffered for years with asthma and was told by three doctors in Columbia that there was no cure for me. I would have died this past winter if I had not gotten Lung-Vita when I did. I cannot say too much for Lung-Vita for it has cured me of asthma and throat trouble."

We receive hundreds of letters like this telling what Lung-Vita has done in cases of consumption and asthma. Send \$1.75 for a thirty-day treatment or ask us for further particulars. Nashville Medicine Co., Dept. K, Nashville, Tenn. Adv.

Reproof.

"Does your boy Josh have any idea about running a farm?"

"I should say so," replied Farmer Cornstossel. "He says I'm all wrong. I'm spollin' the makin' of a fine set of golf links jes' fur the sake of a little corn an' 'way an' such."

Keep It In Your Stable.

For external use on horses nothing that we know of equals Hanford's Balsam. Many trainers use it as a leg wash because it keeps the skin in fine condition and should cure lameness. Adv.

The Fitting Sort.

"My glover told me today that he has twins."

"Most appropriate. A pair of kids."

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the

Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's

The world moves, a the grit to hang on, out of many a bad

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Get a bottle in convenient sizes, and

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Women as men are made able by the bladder trou sands recom Kilmer

Root the great kidney remedy gists in fifty-cent and dollar may receive a sample size bot cel Post, also pamphlet telling Address Dr. Kilmer & Co., B N. Y., and enclose ten cents, as this paper.

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